

## Right and Responsibilities

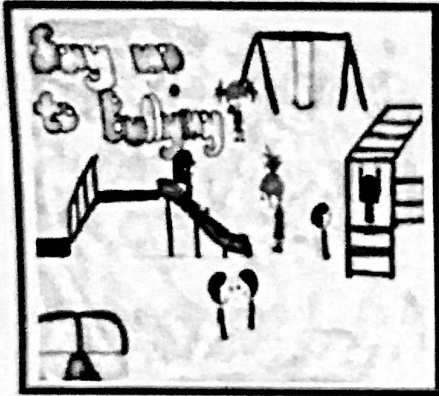
At this school, everyone should feel safe and valued and all members of the school community have a responsibility to ensure this happens.

### RIGHTS

To be safe  
To learn  
To be respected  
To be valued

### RESPONSIBILITIES

To respect yourself  
To respect others  
To use common sense  
To support others



**It is your right and your responsibility to report bullying, whether it happens to you or someone else**

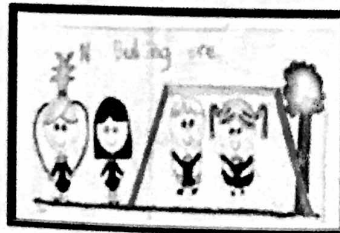
## What is bullying?

**Bullying is the wilful, conscious desire to repeatedly hurt, threaten or embarrass someone.**

For example, when a person:

- Calls others hurtful names
- Hits, punches or kicks
- Threatens someone
- Teases in a nasty way
- Singles someone out for unfair treatment
- Picks on others
- Interferes with others' property
- Deliberately ignores or avoids a person
- Spreads rumours about someone
- Continually excludes someone from their peer group

Bullying can also happen on social media, such as FaceBook and chat groups. It is called Cyber-bullying and it is illegal.



**It's really uncool to bully**

## What to do if you are bullied

Tell the person who is bullying to stop. State clearly that the behaviour is unwelcome and offensive.

Seek help. Talk about it with someone you trust. There is nothing so awful we can't talk about it with someone else.

Report it to a teacher or the principal/deputy or your buddy. Feel confident that any incident can be solved

If you experience bullying on the way home from school, tell your parents.

## What to do if someone you know is being bullied

Care enough to do something about it whether it affects you personally or not.

Support the person being bullied.

Don't stand by and watch – get help.

Show that you and your friends disapprove of bullying.

If you know of bullying, tell your teacher, the principal/deputy or a buddy.

**What will happen if you are bullying students?**

1. You will be counselled by your classroom teacher. You will be given opportunity to resolve the situation and discuss the issue with the person you bullied.
2. If you persist in bullying you will be referred to the Principal or Deputy for counselling and to develop a solution to the problem. Your parents will be contacted and the situation will be recorded.
3. If you are found to be bullying again, a consequence will be applied. This may include:
  - Letter home to parents/parent interview
  - Continue in an ongoing counselling program
  - Loss of privileges
  - In-school suspension during recess and lunch time
  - Suspension
  - Exclusion from the school

**Serious breaches of the school code of conduct will involve the immediate application of more significant consequences eg suspension, police involvement, etc**

**Parents can help by taking an active interest**

in your child's social life  
in what is happening at school

**ENCOURGAE YOUR CHILD**  
to bring friends home

to accept and tolerate differences in others

**BUILD HIS OR HER SELF ESTEEM**  
by recognising and affirming his/her positive qualities  
by valuing them for who they are

**DISCUSS WITH YOUR CHILD**  
the school's expectations about behaviour  
ways to respond if his/her rights are infringed  
or if your child is infringing

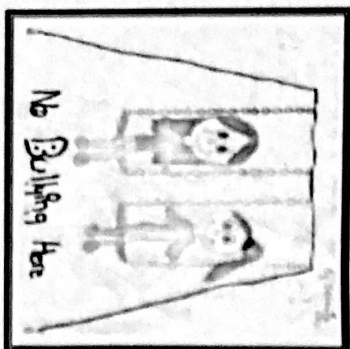
**ENCOURAGE CONSTRUCTIVE RESPONSES**  
physical bullying or persistent teasing should be reported  
hitting back or retaliating with name calling  
won't solve the problem

**SET AN EXAMPLE**  
Be firm but not aggressive in setting limits  
Be positive in the things you say and do

**ACT**  
If your child is bullied or is bullying, discuss the issues with the class teacher or a member of the leadership team.

**Colonel Light Gardens  
Primary School**

**It's really uncool  
to bully**



## **Anti-Bullying Policy**

Colonel Light Gardens Primary School aims to provide a safe, secure and caring environment for our children to grow in harmony.

**Our school does not tolerate bullying and expects all members of the school community to treat others with respect and dignity.**

**Care**

**Respect**

**Safety**